

Shiva Paint Sticks

The paint sticks are oil base. You may wish to wear latex gloves to avoid getting your hands smudged. After 24 – 48 hours the images created with your paint sticks will need to be heat set with an iron and parchment paper (or placed in your dryer for 15 minutes). The paint sticks may also be used after the fabric is quilted. You can push the paint sticks into the fabric and quilted areas to create an interesting effect.

Draw or trace a leaf or a design of your own on to freezer paper for 'screen painting' on fabric. Using a utility knife or scissors cut out your pattern on the drawn line keeping the design and background completely intact. Press your background design to a 9” square of fabric. Use one of your round stenciling brushes for this technique.

Your paint sticks will have a thin hard layer at the top that can be lifted off with a twist of paper towel or your finger nail. Rub the paint stick into the freezer paper, along the edge of the cut out area. Take your paintbrush (or toothbrush!) to the paint, and drag it into the cut out area. You can go up and down with the brush, streaky lines or circular motions. If you are using 3 or more colours it is easier to rub your paint sticks on a separate piece of paper. You can mix colours of your paint sticks when painting to obtain the colour you require. Some colours are rather translucent and may need to be mixed with another to obtain opaqueness. When satisfied lay your design to the side to dry for 2 days. After it is dry you can add more colour or another design atop the first. When complete, heat set.

Another idea is to create an applique shadow with your paint stick. Create your freezer paper pattern and use the cut out area to create a black shadow. Using the leaf itself as your applique pattern, place the applique to the side of the shadow and stitch.

Rubbings: Placing different items under your fabric to create images. Use coat hangers shaped into different silhouettes, cookie cutters, anaglypta wall paper, a doily, stencils, etc. You could create an image with plaster on board – varnished twice to hold properly.

You may also apply the paint stick to your fabric after you have quilted your fabric. Initially you would create a whole cloth quilt pattern, one that would look interesting with colour. Leaves? Flowers? Zendoodles?

Try adding dimension by applying a light colour on one side of your cut out, and a dark colour on the opposite side (ex. see yellow and burgundy paint sticks)

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